

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**Happy Halloween 31**  
 8:30 Catholic Church , 9:30 Gold Country Baptist,  
 9:30 Methodist, 10:00 Sunday Brunch, 10:30 Catholic  
 & Light of the Hills Lutheran  
**4-7 Halloween Casino Party!**  
**Roaring Twenties / Any Costume!**  
**Casino Games, Costume Contest,**  
**Happy Hour, and Lots of Fun!!**  
**Come Dressed Up!!**





**Happy Birthday**  
 Virginia Butala Oct 1  
 Lorna Kopel Oct 2  
 Deloris Feldman Oct 10  
 Sue Prall Oct 11  
 Evelyn Weick Oct 12  
 Jim Lynch Oct 14  
 Gene Anderson Oct 15  
 Maryann Roberts Oct 16  
 Walt Tingley Oct 17  
 Margaret Cimino Oct 17




Joan Miller Oct 18  
 Reta Jackson Oct 18  
 Karl Kampe Oct 18  
 Margaret Kidder Oct 21  
 Carmen Hernandez Oct 23  
 Pete Peterson Oct 23  
 Shirley Fitch Oct 24  
 John Carlson Oct 27

**Happy Anniversary**  
 Roy & Sue Woodhouse Oct 3  
 Gert & Joyce Gehlhaar Oct 18

**1**  
 9:15-9:45 Trivia in Clubhouse  
 10:00 Chair Exercises w/ weights  
 10:30 Water Aerobics - sign up  
 11:00 Wii Bowling  
 1:00 Texas Hold 'em at Pete's  
 1:00 Shopping: Target- sign up  
 2:00 Sing-a-long w/Ukulele Players  
 2:00 Pinochle  
 4:00 Cocktail Hour  
 4:30 Music by: Brandon Andronesi




**2**  
 10:00 Wheel of Fortune  
 11:00 Quarter Bingo  
 1:00 Poker @ Pete's  
 1:30 Movie: The Starling on Netflix  
 2:00 Dominoes - Mexican Train  
 4:30 Music by: Way Back When  
 4:30 Oktoberfest, try some German Beer!



**3**  
 8:30 Bus leaves for Catholic Church  
 9:30 Bus leaves for Gold Country Baptist  
 9:30 Bus leaves for Methodist Church  
 10:00 Sunday Brunch  
 10:30 Bus leaves for Catholic Church and Light of the Hills Lutheran  
 1:00 Bridge at Ponte Pete's  
 1:00 Football—49ers vs Seahawks



**4**  
 10:00 Circuit Training w/Luke at Pete's  
 10:00 Chair Yoga with Adrienne  
 11:00 Bible Study  
 1:00 Texas Hold 'em at Pete's  
 1:00 Gordon's Think Tank  
 1:00 Scenic Bus Drive - sign up  
 2:00 Quarter Bingo  
 3:00 Exploring our World:  
 "Art of the Western World"



**5**  
 10:00 Coffee & Donuts at Ponte Pete's  
 10:00 Chair Exercises w/ weights  
 11:00 Chair Drum Exercise  
 1:00 Bridge at Ponte Pete's  
 1:30 Bldg. A & D meeting with Greg  
 2:00 Candy Bingo (Patterns)  
 3:00 Ukulele Lessons - please sign up

**6**  
**FLU SHOTS** for RESIDENTS in the Activity Room.  
**FLU SHOT Clinic** Stay tuned for times.  
 10:45 Ukulele Club  
 11:00 Poker @ Pete's  
 1:00 Tai Chi w/Gene Fong in private dining room



**7**  
 Flu Shots for STAFF in the Activity Room.  
 10:00 Circuit Training w/Luke @Pete's  
 1:00 Bridge at Ponte Pete's  
 1:00 Military Get-Together/ Discussion in private dining room



**8**  
 9:15-9:45 Trivia in Clubhouse  
 10:00 Chair Exercises w/ weights  
 10:30 Water Aerobics - sign up  
 11:00 Wii Bowling  
 1:00 Shopping: Safeway - sign up  
 1:00 Texas Hold 'em at Pete's  
 2:00 Pinochle  
 4:00 Cocktail Hour  
 4:30 Music by: Midtown Jazz



**9**  
 10:00 Wheel of Fortune  
 11:00 Quarter Bingo  
 1:00 Poker @ Pete's  
 1:30 Movie: Apple Dumpling Gang  
 2:00 Dominoes - Mexican Train




**10**  
 8:30 Bus leaves for Catholic Church  
 9:30 Bus leaves for Gold Country Baptist  
 9:30 Bus leaves for Methodist Church  
 10:00 Sunday Brunch  
 10:30 Bus leaves for Catholic Church and Light of the Hills Lutheran  
 1:00 Bridge at Ponte Pete's  
 1:30 Football—49ers vs Cardinals



**11**  
**Columbus Day**  
 10:00 Circuit Training w/Luke at Pete's  
 10:00 Chair Yoga with Adrienne  
 11:00 Bible Study  
 1:00 Texas Hold 'em at Pete's  
 1:00 Gordon's Think Tank  
 1:00 Scenic Drive — sign up  
 2:00 Quarter Bingo  
 3:00 Exploring our World:  
 "Art of the Western World"

**12**  
**COVID-19 Vaccine BOOSTER SHOTS** for RESIDENTS in the Activity Room. Stay tuned for times.  
 10:00 Coffee & Donuts at Ponte Pete's  
 1:00 Bridge at Ponte Pete's  
 3:00 Ukulele Lessons - please sign up



**13**  
**Vaccine Booster Shots** for STAFF in the Activity Room.  
 10:45 Ukulele Club  
 11:00 Poker @ Pete's  
 1:00 Tai Chi w/Gene Fong in private dining room



**14**  
 10:00 Circuit Training w/Luke @Pete's  
 10:00 Chair Exercise  
 11:00 Left Center Right Dice Game  
**11:30 APPLE HILL - Get Lunch at Abel's Acres - SIGN UP**  
 1:00 Bridge at Ponte Pete's  
 2:00 Kings in The Corner  
 3:00 TED Talks: Health Benefits of Laughter



**15**  
 9:15-9:45 Trivia in Clubhouse  
 10:00 Chair Exercises w/ weights  
 10:30 Water Aerobics - sign up  
 11:00 Wii Bowling  
 1:00 Texas Hold 'em at Pete's  
 1:00 Shopping: Bel Air - sign up  
 2:00 Sing-a-long w/Ukulele Players  
 2:00 Pinochle  
 4:00 Cocktail Hour  
 4:30 Music by: Mike Shields

**16**  
 10:00 Wheel of Fortune  
 11:00 Quarter Bingo  
 12:30 Crocker Art Museum - sign up early to reserve, cost \$8.00  
 1:00 Poker @ Pete's  
 1:30 Movie: Abbott and Costello Meet Frankenstein



**17**  
 8:30 Bus leaves for Catholic Church  
 9:30 Bus leaves for Gold Country Baptist  
 9:30 Bus leaves for Methodist Church  
 10:00 Sunday Brunch  
 10:30 Bus leaves for Catholic Church and Light of the Hills Lutheran  
 1:00 Bridge at Ponte Pete's  
 1:30 Movie: Letters to Juliet



**18**  
 10:00 Circuit Training w/Luke at Pete's  
 10:00 Chair Yoga with Adrienne  
 11:00 Bible Study  
 1:00 Texas Hold 'em at Pete's  
 1:00 Gordon's Think Tank  
 2:00 Resident Meeting  
 3:00 Exploring our World:  
 "Art of the Western World"

**19**  
 10:00 Coffee & Donuts at Ponte Pete's  
 10:00 Chair Exercises w/weights  
 11:00 Chair Drum Exercise  
 1:00 Bridge at Ponte Pete's  
 1:30 Bldg. B & C meeting with Greg  
 2:00 Candy Bingo (Patterns)  
 3:00 Ukulele Lessons - please sign up




**20**  
 10:00 Chair Exercise  
 10:30 Water Aerobics - sign up  
 10:45 Ukulele Club  
 11:00 Poker @ Pete's  
 1:00 Tai Chi w/Gene Fong in private dining room



**21**  
 10:00 Circuit Training w/Luke @Pete's  
 10:00 Chair Exercise  
 11:00 Left Center Right Dice Game  
 11:00 Outing: Cielo Wine Tasting- sign up/ Lunch Provided  
 1:00 Bridge at Ponte Pete's  
 2:00 Kings in The Corner  
 3:00 Bunco — sign up

**22**  
 9:15-9:45 Trivia in Clubhouse  
 10:00 Chair Exercises w/ weights  
 10:30 Water Aerobics - sign up  
 11:00 Wii Bowling  
 1:00 Texas Hold 'em at Pete's  
 1:00 Shopping: Walmart - sign up  
 2:00 Pinochle  
 4:00 Cocktail Hour  
 4:30 Music by: Tom Powers



**23**  
 10:00 Wheel of Fortune  
 11:00 Quarter Bingo  
 1:00 Poker @ Pete's  
 1:30 Movie: Jaws  
 2:00 Dominoes - Mexican Train



**24**  
 8:30 Bus leaves for Catholic Church  
 9:30 Bus leaves for Gold Country Baptist  
 9:30 Bus leaves for Methodist Church  
 10:00 Sunday Brunch  
 10:30 Bus leaves for Catholic Church and Light of the Hills Lutheran  
 1:00 Bridge at Ponte Pete's  
 1:30 Movie: Abbott and Costello Meet Dr. Jekyll and Mr. Hyde

**25**  
 10:00 Circuit Training w/Luke at Pete's  
 10:00 Chair Yoga with Adrienne  
 11:00 Bible Study  
 1:00 Texas Hold 'em at Pete's  
 1:00 Gordon's Think Tank  
 1:00 Scenic Drive — sign up  
 2:00 Quarter Bingo  
 3:00 Exploring our World:  
 "Art of the Western World"



**26**  
 10:00 Coffee & Donuts at Ponte Pete's  
 10:00 Chair Exercises w/ weights  
 11:00 Chair Drum Exercise  
 1:00 Duet meeting with Greg @ Pete's  
 2:00 Candy Bingo (Patterns)  
 3:00 Ukulele Lessons - please sign up

**27**  
 10:00 Chair Exercise  
 10:30 Water Aerobics - sign up  
 10:45 Ukulele Club  
 11:00 Poker @ Pete's  
 1:00 Tai Chi w/Gene Fong  
 2:00 Beer and Wine @ Pete's  
 3:00 Quarter Bingo

**28**  
 10:00 Circuit Training w/Luke @Pete's  
 10:00 Chair Exercise  
 11:00 Left Center Right Dice Game  
 1:00 Bridge at Ponte Pete's  
 2:00 Arts & Crafts, card-making — sign up  
 3:00 Book Club



**29**  
 9:15-9:45 Trivia in Clubhouse  
 10:00 Chair Exercises w/ weights  
 10:30 Water Aerobics - sign up  
 11:00 Wii Bowling  
 1:00 Texas Hold 'em at Pete's  
 1:00 Shopping: Fork Lift - sign up  
 2:00 Sing-a-long w/Ukulele Players  
 2:00 Pinochle  
 4:00 Cocktail Hour  
 4:30 Music by: Linda Ingolia



**30**  
 10:00 Wheel of Fortune  
 11:00 Quarter Bingo  
 1:00 Poker @ Pete's  
 1:00 Outing: Kohl's - sign up  
 1:30 Movie: Hocus Pocus  
 2:00 Dominoes - Mexican Train